

# ETSU Upward Bound

## **What is Upward Bound?**

Upward Bound is an academic support program designed to increase high school students' opportunities to attend college.

## **Who is eligible for Upward Bound?**

The ETSU UB program serves high school students from Carter, Johnson, Unicoi, and Sullivan county schools as well as Elizabethton, Johnson City, Kingsport, and Bristol city schools. Students must meet one of the following criteria: 1) family income must meet federal guidelines, and/or 2) neither parent obtained a four-year degree from a college or university. Students start the program in the beginning of their freshman or sophomore years and remain in the program until they begin their college careers.

## **What academic support is available?**

The program is designed to supplement the high school curriculum and is focused on individual student academic need in all high school classes. Students will receive tutoring and advanced skill development geared toward college preparation.

## **How can Upward Bound help students get into college?**

Aside from providing an academic support system, UB provides workshops and individual counseling sessions for financial aid and scholarship information for college, ACT preparation, and career planning. Upon graduation from high school, UB students have the opportunity to enroll in a college class at ETSU. The UB program provides tuition assistance, tutoring, books, and supplies for up to two summer classes.

## **Where and when does Upward Bound meet?**

During the school year, UB has monthly meetings on Monday evenings at ETSU's main campus. The UB program provides transportation from designated pick-up points to ETSU and back to the designated pick-up points for these academic sessions. During the school year, an UB representative will visit each school once a week for a short meeting with each UB student. During the summer, students participate in a six-week residential program at ETSU's main campus. The students attend classes in academic subjects such as mathematics, science, writing, literature, and foreign language. The summer schedule also offers a variety of classes such as: art, crafts, music, dance, and physical fitness activities. UB students also attend several educational and cultural activities throughout the year.

## **What is the cost to participate in the Upward Bound program?**

Program activities are provided at **no cost** to the student. Upward Bound is a federally funded program through the U.S. Department of Education.

**If you have any questions or concerns regarding the Upward Bound program at ETSU, please call 423-439-5619 or visit our web site at [www.etsu.edu/ub](http://www.etsu.edu/ub)**



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UPWARD BOUND

Division of Academic Affairs

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EAST TENNESSEE STATE UNIVERSITY