



# Strong Starts

Strong Starts is a program for caregivers of children from newborn to 5 years of age. The program's focus is to link caregivers with resources for them and their family.

Our enrolled caregivers are paired with a community navigator that will connect them with resources, provide social support, and work with them to create goals for themselves and their family.

The navigator serves as an extra layer of support for families in the region. The early years in a child's life are crucial for their development, therefore, our team can continue to connect the family to resources that will help set the child up for success.

Resources available in the Strong Starts program could include:

- Childcare
- Early intervention
- Food assistance
- Government assistance programs
- Housing insecurity
- Social support