

It is more important than ever to be there for each other during this holiday season. Here are some ways to give back to the community safely, as well as ways to access assistance for those who need it.

United Way 211 Helpline

- 211 is a confidential helpline available Monday through Friday for connecting residents with a variety of services including housing and financial assistance.
- You can find more information here: https://www.unitedway.org/our-impact/featured-programs/2-1-1#

Upper East Tennessee Human Development Agency

 Connects students to a variety of programs to help with financial needs. Students must be Tennessee residents, and must be at least 200% below the poverty line. To inquire about eligibility you can fill out a contact form at: https://uethda.org/neighborhood-services/

Salvation Army

- The Salvation Army offers a number of programs that can help families with food, clothes and toys for children during the holidays! Donations to the Salvation Army are accepted either in-person or online. You can find more information about these programs at: https://www.salvationarmyusa.org/usn/ways-to-give/
- Adopt-A-Family provides food, cleaning supplies, paper products and more to low income households.

Toys for Tots

 Donate or make a toy request through your local Toys for Tots webpage here: https://johnson-city-tn.toysfortots.org/local-coordinator-sites/lco-sites/default.aspx?nPageID=100&nPreviewInd=200

Volunteer ETSU

- · Holiday Food Drive
- ETSU serves partners with local organizations to meet needs within the community. You can find more information at: https://etsu.galaxydigital.com/

This & That for Graduate Success



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