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Education:

Dr. PH. Health Management and Policy, East Tennessee State University, Johnson City, Tennessee, 2025  
M.P.H. Organizational Leadership & Data Analysis, Gillings School of Public Health, University of North Carolina at Chapel Hill, Chapel Hill, North Carolina, 2020  
B.A. History and Economics, University of North Carolina Asheville, 1 University Heights, Asheville N.C. 28804  
B.A. Culinary Nutrition, Johnson and Wales University, 8 Abbott Park Place, Providence R.I. 02903  
Public Schools, Millburn, New Jersey

Experience:

Research Services Manager, Ballad Health & ETSU Strong BRAIN Institute, Johnson City, T.N. 2020 – Present  
Research Fellow, Center for Rural Health Innovation, Spruce Pine, N.C. 2019-2020  
Research Fellow, Mountain Areal Health Education Center, Asheville, N.C. 28803. 2018-2020  
Program Coordinator and Vocational Instructor, Aspire Youth & Family. Asheville N.C. 28806. 2016-2018  
Caterer and Property Manager, Elegantly Simple Retreats, Asheville N.C. 28804. 2014-2017.  
Dietetics Analyst and Wellness Counselor, Robert Wood Johnson University Hospital Outpatient Centers, New Brunswick N.J. 08901, 2010-2013.

Publications:

Theses furnished upon request.

Honors & Proficiencies:

Microsoft Office & Google Suite Proficiency  
Stata and R Studio Proficiency  
Results-Based Accountability, Continued Quality Improvement, & Community-Based Participatory Research Trained and Certified  
CPR & Serve Safe Certified  
UNC-Chapel Hill Honors Society