



COUNSELING AND HUMAN SERVICES

NEWSLETTER | FALL 2016



Members of the Department of Counseling & Human Services living our mission to “improve the human condition...and advocate to improve accessibility, accountability, and coordination of services for all.”

NEW! M.S. HUMAN SERVICES

Human Services is a broadly defined field with an interdisciplinary knowledge base, focused on prevention and remediation to uniquely promote various ways to meet human needs. The core curriculum, internship, and capstone experience provide enhanced competence and advanced qualifications, grounded in best practice and directed toward success in the helping professions.

Graduates will obtain positions and promotions in leadership of human service programs, nonprofit administration, staff training, schools and colleges, grant writing, treatment teams, program development and coordination, family support, project/operations management, marketing and public relations, research and program evaluation, health care administration, advocacy and community organizing, advancement and fundraising...an expanding number of roles with private, public, nonprofit, and international organizations.

The world is changing, growing more diverse and complex. Psychologists and Social Workers are expanding their work beyond the office. Governments are privatizing, and the resulting human service organizations create units and positions with versatile functions and transformative response. While our practitioners will work for the public, they will also serve foundations and for profit purposes.



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MEET OUR NEW FACULTY

"Hello! I am Dr. Bethany Novotny and I came to ETSU from Pittsburgh, Pennsylvania. I attained my Bachelor's degree in Human Development and Family Studies from Penn State University where I was also a two-sport student-athlete in softball and basketball. I completed my graduate studies at Duquesne University in Pittsburgh, Pennsylvania earning a Master's degree in Community Counseling and a Doctorate in Counselor Education and Supervision. I am a Licensed Professional Counselor in the state of Pennsylvania and I have specific clinical experience in career, life skills, and sports/athletic counseling. My research interests include domains of health and holistic well-being, building grit and resiliency, mindset, identity formation, and student-athlete mental health. I am also extremely passionate about diversity and multiculturalism. Outside of work, I enjoy playing a variety of sports, weightlifting, zip lining, listening to and exploring new music, attempting to play instruments better than I actually can, and traveling. I try to live life to the absolute fullest so I am usually open to any new activity or adventure. I am very excited to be here at ETSU!"

Dr. Bethany Novotny



Dr. Emily Donald



"I received my PhD in counseling from UNC Charlotte in May 2015. Between then and now, I taught adjunct for Winthrop University and UNCC while job searching. My background is in clinical mental health counseling, and I have done a lot of work with children and adolescents. I am very interested in models where we train caregivers (parents and other people who spend time with children in a variety of capacities) to better support children and adolescents. I am passionate about this area, because I believe this changes the system in which kiddos function rather than just trying to change them. I am also very interested in multicultural and international issues in counseling. I am excited to be here at ETSU, both for the job itself and for the beautiful area in which I have found myself. I love being outdoors. Hiking, camping, and exploring my environment are some of my most important self-care practices. I am also interested in learning more about climbing, both indoor and outdoor. Being a part of a vibrant local food system is also important to me, and I am enjoying getting to know this aspect of the area by visiting my local farmer's market and talking to residents. I have two children of my own, both boys, ages 4 (almost 5) and 7 (going on 35). They crack me up on a daily basis and challenge me to continue growing in ways I never imagined possible. I am thrilled to be here at ETSU!"

"I was born and raised in Clear Lake City, Texas (a suburb of Houston where the Johnson Space Center is located). I did my undergraduate work at Trinity University (San Antonio, Texas) where I played collegiate soccer and was a member of SPURS sorority. After graduating with a BA in Psychology, I moved back to Houston and spent four years working as a Family Home Specialist at Lutheran Social Services, a foster care and adoption agency. In August 2006 I moved to Harrisonburg, Virginia to begin my graduate studies at James Madison University. I completed my MA and EdS degrees in May 2009 and my PhD in Counseling and Supervision in 2014. I worked at the JMU Counseling Center and the Sentara RMH Medical Center for several years, taught in the JMU graduate counseling programs, and also filled a one-year faculty position in the Radford University Counseling program before moving to Johnson City to join the faculty at ETSU. Go Buccs!"

Dr. Rebecca Milner



PUBLICATIONS

Bernard, J. M., Manick, N. A. & **Klein, M.** (2016). Ethics, legal and professional issues in mediation and parent coordination. In M. J. Murphy & L. Hecker (Eds.), *Ethics and Professional Issues for Couple and Family Therapists: 2nd Edition*, 187-201. New York, NY: Routledge.

Remley, T. P., & **Pusateri, C. G.** (in preparation). Ethical and legal issues for counselor educators. In L. R. Haddock, & J. S. Whitman (Eds.), *Preparing the educator in counselor education: A comprehensive guide to building knowledge and developing skills*.

Bitter, J. R. & Byrd, R. (invited). Adlerian family therapy. In Carlson, J. & Dermer, S. B. (Eds.). The SAGE Encyclopedia of Marriage, Family and Couples Counseling.

Bitter, J. R. & Byrd, R. (invited). Open-forum family counseling. In Carlson, J. & Dermer, S. B. (Eds.). The SAGE Encyclopedia of Marriage, Family and Couples Counseling.

Emelianchik, K. & **Byrd, R.,** LaGuardia, A.(2016). Adolescent non-suicidal self-injury: Analysis of the youth risk behavior survey. The Professional Counselor, 6 (1), 61-75, doi:10.15241/ml.6.1.1.

FEATURED ADJUNCT FACULTY

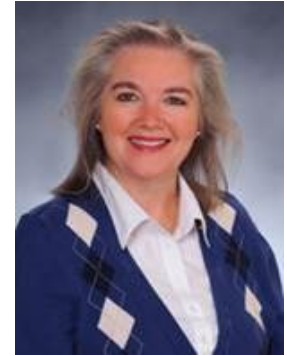


SHAWN STEWART

Shawn obtained his M.A. in Counseling, School concentration, from ETSU and his B.S. in Human Services with a Psychology minor from ETSU. His current job is the Associate Director of College and Career Advising for the NiswongerCARE Program with the Niswonger Foundation. In the past he has also worked at ETSU and Tusculum College. His areas of interest include College Access, student leadership development and academic advising.

DR. STACY CUMMINGS ONKS

Stacy obtained her PhD in Child and Family Studies from the University of Tennessee. Stacy also obtained her M.A. in Counseling and B.A. in Psychology from ETSU. Her current job is the Director at the University Advisement Center at ETSU. The skills she gained in the Counseling Program have served her well in a variety of settings, jobs and situations!



JUVENILE COURT WORK IN WASHINGTON COUNTY

Mary Langenbrunner received \$5,000.00 in funding from the Administrative Office of the Courts of Tennessee's Access and Visitation Grant to provide mediations and information and practical instruction in the development of and filing of parenting plans for self-represented never married parents with child access and visitation issues in Johnson City Juvenile Court in Washington County.

In addition, she is in receipt of a \$10,000.00 grant from the Administrative Office of the Courts of Tennessee for the continuation of the First Judicial District Court Clinic whose charge is to assist circuit, juvenile, and chancery court judges when they are confronted with high conflict divorcing parents who are unable to resolve issues around 'custody and visitation'.

UPCOMING EVENTS

Tennessee Counseling Association (TCA) Conference, November 19-22 in Murfreesboro, Tennessee.

Thanksgiving break: Nov. 23-25

Hooding Ceremony: Dec. 9th

Fall Graduation: Dec. 10th

Winter session: 12/14 — 1/13

Spring Semester classes start: 1/17

Counseling Supervision Wksp 2/3/17